



# PATHWAYS TO PARTNERSHIP

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## Solano AB900 Activation Project

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As part of the comprehensive prison reforms underway in California, the Department of Corrections and Rehabilitation (CDCR) has launched the "Pathways to Rehabilitation" project, which is designed to increase inmate access to programs and reduce recidivism rates. Solano is the flagship.

Solano AB900 Activation consists of four types of substance abuse programs:

**Transitions** - A traditional substance use disorder treatment program for level II male inmates most effective for offenders with 6 to 24 months left to serve. Center Point, Inc. is the treatment provider. Achievement is measured in the TC by progress to various phases of group treatment.

**Concepts** – A traditional substance use disorder treatment program for level III male inmates with 6 to 24 months left to serve. Center Point, Inc. is the treatment provider. Achievement is measured in the TC by progress to various phases of group treatment.

**Not Yet Named** – A new three-tiered substance use disorder treatment program for level II male inmates. Center Point, Inc. is the treatment provider. Length of stay varies with assessment and placement for individual needs with 18 months and less to serve. Achievement is completion of curriculum and time in treatment.

**Not Yet Named** – A cognitive behavioral substance use disorder

treatment program for level II male inmates with an additional component that will provide an Offender Mentor Certification Program for lifer inmates. Orange County is the treatment provider. Ten to twelve months and less to serve, except for Offender Mentor program. The Offender Mentor is designed for individuals who are typically serving five or more years. Seventy five percent of the population is inmates serving life terms. The ultimate plan is to deploy the trained mentors to act as co-facilitators in all of the substance use programs at Solano. Achievement of the Cognitive Skills program is measured by completion of the curriculum. Completion for the Offender Mentor program is receipt of a

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## CCARTA UPCOMING CALENDAR

### Upcoming Cross Trainings

CIM	January 20-23, 2009
SOL	January 27-30, 2009
CCWF	February 17-20, 2009
CIW	February 17-20, 2009
CCWF	February 24-27, 2009
PVSP/ASP	March 2-5, 2009
VSPW	March 9-12, 2009
NKSP	March 16-19, 2009

### Upcoming Cross Trainings

PVSP/ASP	March 23-26, 2009
VSPW	April 6-9, 2009
KVSP	April 20-23, 2009
CIW	May 4-7, 2009
COR/ASP	May 18-21, 2009
CTF	June 1-4, 2009
FTTF	June 8-11, 2009

### Other Events

For information on Events and Trainings visit us online at

[www.ccarta.ucsd.edu](http://www.ccarta.ucsd.edu)

To schedule technical assistance trainings please email  
Susan Timothy  
sttimothy@ucsd.edu

## Solano AB900 Activation Project

<b>Eligibility Criteria</b>	As prescribed in Section 3040.1, Title 15. Every able-bodied person committed to custody is obligated to have work assignments and/or program assignments to include offenders identified with substance use disorders. Participants must meet classification scoring determinants.
<b>Exclusionary Criteria</b>	Enhanced Out Patients (case by case), offenders exceeding classification scoring determinants
<b>Case Management</b>	Multi-disciplinary Team (DARS, DEVOP, MH)

California Association of Alcoholism and Drug Abuse Counselors (CAADAC) Certificate.

**Transitions** - This is the traditional Therapeutic Community (TC) substance use disorder treatment program for level II inmates with high scores on the secondary assessments indicating a high degree of addiction. Offender participants receive addiction therapy through group sessions emphasizing conformance to community structure. The components and concepts of the TC are adhered to in the community setting with emphasis on common TC principles such as daily regimens, elements of work and education, communication, etc.

**Concepts** - This is the traditional Therapeutic Community substance use disorder treatment program for level III inmates with high scores on the secondary assessments indicating a high degree of addiction. Offenders receive addiction therapy through group

sessions emphasizing conformance to community structure and principles.

**Not Yet Named** – The third program is a three-tiered treatment model program. Upon assessment, participant is placed in one of three treatment approaches – Therapeutic Community (high intensity treatment), Cognitive Behavioral (medium intensity treatment) and psycho-educational (lower intensity treatment). In Addition to the tested intensity levels, attention is paid to participant’s time left to serve.

**Not Yet Named** – The fourth program is a cognitive-behavioral approach – emphasizing classroom-based

treatment under the general principals of a therapeutic community. This program will also include a program to engage Inmates with life sentences in a treatment delivery program.

The Addiction Severity Index (ASI) as modified and approved by DARS is the secondary classification. The ASI is designed to provide basic diagnostic information on a client prior to his in-prison treatment episode. The cut-off or placement scores are being determined at this time. **NOTE: The follow up assessments have yet to be determined, but will probably be done through the use of other instruments.**



## CDCR Launches its First-of-Its-Kind Substance Abuse Treatment Program for Female Offenders

California Department of Corrections and Rehabilitation (CDCR) Secretary Matthew Cate joined staff, participants, and substance abuse treatment professionals at the opening ceremony for the new Trauma Informed Substance Abuse Treatment Program for women offenders at the Leo Chesney Community Correctional Facility in Live Oak.

The program is one of the components of the Public Safety and Offender Services Act of 2007, also known as AB 900, landmark prison reform legislation signed by Governor Arnold Schwarzenegger in May 2007.

"This innovative program is a down payment on CDCR's commitment to provide more rehabilitation programs to offenders, and showcases the department's shift away from the one-size-fits-all approach to female incarceration," Cate said. "Substance abuse has a negative effect on families and drives incarceration; however, research has shown that investing in substance abuse treatment has a real cost benefit to the public."

The Trauma Informed Substance Abuse Treatment Program, or TI-SAT, is unique for CDCR in that it takes a multi-dimensional approach that acknowledges women's pathways into the criminal justice system and targets the causes of substance

abuse.

The program, provided by Walden House, is geared for 200 inmates at the Leo Chesney Community Correctional Facility. Clinicians and counselors provide the 150 women currently in the program treatment in a safe environment. The program targets social and cultural factors including abuse, violence, family relationships and co-occurring disorders, and treats the trauma that may have led the women to abuse drugs and alcohol.

"This program provides female offenders with gender-responsive treatment and services to help them successfully reintegrate in their communities," said Thomas Powers, Director of CDCR's Division of Addiction and Recovery Services. "Improving outcomes for these women will also translate into improved outcomes for their children and assist with CDCR's important efforts to break the intergenerational cycle of incarceration." Powers said. For several years, CDCR has tackled the issue of female incarceration and developed policies and strategies to address this issue," Powers said. "Research shows that more than 57 percent of incarcerated women have been physically or sexually abused at some time in their lives compared with 16 percent of male inmates."

This program is specifically geared to help the women deal with the trauma that may have



Ribbon Cutting Ceremony  
Leo Chesney Community Correctional Facility in Live Oak.

led to their addiction and subsequent imprisonment." AB 900 directed the CDCR to expand in-custody substance abuse treatment services as well as follow up treatment for offenders on parole. The TI-SAT program represents the first milestone in the goal to add 2,000 substance abuse treatment slots statewide by December 30, 2008.

It is also part of CDCR's long-term strategic plan for female offenders which began in January 2005 when CDCR established the Gender-Responsive Strategies Commission to develop overall plans, policies, procedures and programs for improving outcomes for juvenile and adult females in prison or on parole.

During the first two weeks of the TI-SAT program, inmates go through an orientation and then progress to the main treatment phase where they are placed in classes and groups geared to address the needs identified in their assessments and interventions.

The Leo Chesney Community Correctional Facility opened in April 1989 and is operated by Cornell Companies, Inc. under contract with CDCR. Located 60 miles north of Sacramento, the facility houses up to 305 minimum-security female offenders. In addition to the TI-SAT program, the facility also offers academic educational programs, substance abuse and addiction support groups, a pre-release program, vocational training and other programs.

## Meet Kristy Lawson, MA CCARTA's New Senior Learning Skills Counselor

Prior to working at UCSD, Kristy completed the graduate program in Forensic Clinical Psychology at Sam Houston State University in Huntsville, Texas with an emphasis in evidence-based treatment and legal process and policy. She provided intake, assessment, and counseling services to drug court sentencing recipients at a residential facility run by Montgomery County Probation Department in Texas, and has experience in teaching and curriculum development for first generation college students. Kristy earned her bachelor's degree in cognitive science at UCSD with a focus in clinical aspects of cognition. Her research interests include criminality and addiction, implementation of evidence-based treatment, and neurophysiological correlates of psychopathy.



## From The Other Side of Training...

As the newest CCARTA trainer, I recently had the pleasure of attending my first cross-training. At first, I was unsure as to what would happen over the course of the four-day training focused on team-building and problem solving between treatment and correctional staff at the California Institution for Men, but was assured it would be an inspiring experience. To say I was touched is an understatement. The correctional staff brought over 150 years of combined experience to the table, compared to the staff of the brand-new AB-900 treatment program, many of whom had not yet completed the training process and were new to the corrections environment. I was concerned that this discrepancy in experience levels, added to the contrasting priorities of corrections and treatment, would make it too difficult for the groups to reach a common ground, but I was quickly proven wrong. To my delight, the wall between groups was quickly dissolved. Each participant was open to new ideas and ways of thinking, and both sides demonstrated a commitment to helping each other achieve a common goal. Dr. William Smith did a fantastic job of facilitating the sometimes emotional interactions while fostering an environment of open communication and learning, which allowed the group to discuss important issues without anyone feeling criticized. The result of this process was a single team of corrections-treatment staff who understand each other's role in the rehabilitation process and day-to-day functioning of the institution. The transformation hit home for me when a correctional officer, who entered training with an "if you can help, more power to you" attitude, brought a card on the final day expressing his newfound regard for the entire group. I will keep the card as a reminder of the power of understanding and the remarkable transformation I saw in every participant. For me, the experience was nothing short of spectacular.

# FACT Certification Requirements Change

## WORK FORCE DEVELOPMENT

The Work Force Development Training Series has been updated to be more comprehensive and to match FACT certification requirements. The series consists of ten different courses beginning with the Introduction to Addiction and Criminality. Each training or course is 32 hours.

The new requirements for FACT certification include 10 courses/320 contact hours of Work Force Development training. Cross trainings are no longer required for certification. For additional information check the website [factcertification.org](http://factcertification.org).

You can check your current FACT certificate status on our website under the link "Holder."

The application form and requirement description is also available on our website under the link of "Certification."

Here are some resources for completing the **40 CEUs required every two years:**

1. ADP-approved AOD counseling certifying agencies, for instance, on [www.caade.org](http://www.caade.org) and [www.breining.edu](http://www.breining.edu).

2. ADP website for a list of Technical Assistance and training resources at [http://www.adp.ca.gov/TA/PDF/TA\\_dir.pdf](http://www.adp.ca.gov/TA/PDF/TA_dir.pdf)

3. UCSD CCARTA website at [www.ccarta.ucsd.edu](http://www.ccarta.ucsd.edu)

For FACT information please contact Katia Todorova at [ektodorova@ucsd.edu](mailto:ektodorova@ucsd.edu) or phone (858) 729-0113.

## Schedule for New Work Force Development Series

Work Force Development Training Courses	Region/Site	Dates
4. Cognitive Behavioral Treatment	Central CA, Visalia Convention Center	Jan. 5-8, 2009
	Southern CA, Ayres Suites Corona West	Jan. 12-15, 2009
5. Individual, Group & Family Counseling	Central CA, Visalia Convention Center	Feb. 9-12, 2009
	Southern CA, Ayres Suites Corona West	Feb. 23-26, 2009
6. Therapeutic Community Theory & Practice	Central CA, Visalia Convention Center	Mar. 9-12, 2009
	Southern CA, Ayres Suites Corona West	Mar. 16-19, 2009
7. Mental Health & Co-occurring Disorders	Central CA, Visalia Convention Center	Apr. 6-9, 2009
	Southern CA, Ayres Suites Corona West	Apr. 20-23, 2009
8. Culturally Competent Treatment	Central CA, Visalia Convention Center	May 4-7, 2009
	Southern CA, Ayres Suites Corona West	May 18-21, 2009
9. Recovery-Oriented Systems of Care	Central CA, Visalia Convention Center	June 8-11, 2009
	Southern CA, Ayres Suites Corona West	June 22-25, 2009
10. Treatment Skills Practicum and Test Preparation	Central CA, Visalia Convention Center	July 13-16, 2009
	Southern CA, Ayres Suites Corona West	July 27-30, 2009
1. Intro to Addiction & Criminality	Central CA, Visalia Convention Center	August, 2009
	North CA, Sacramento	August, 2009
2. Treatment & Recovery Management Strategies	Central CA, Visalia Convention Center	August, 2009
	North CA, Sacramento	August, 2009
3. Motivational Interviewing	Central CA, Visalia Convention Center	September, 2009
	North CA, Sacramento	September, 2009



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## Thomas F. Powers, Director, Division of Addiction and Recovery Services

Thomas F. Powers previously served as executive director of the Wolfe Center. And as chief deputy director for the California Department of Alcohol and Drug Programs, where he administered state and federal alcohol and drug treatment and prevention funds. He also served as deputy director for the Crime and Violence Prevention Center for the Office of Attorney General, and served as a division chief and previously held the posts of regional deputy director, deputy director and conservation administrator during his 18 years with CCC. Powers was also a teacher and school principal.

## Carole A. Hood, Chief Deputy Secretary, CDCR Adult Programs

Carole A. Hood is the Chief Deputy Secretary for Adult Programs. Ms. Hood was appointed to this position by Governor Arnold Schwarzenegger in November 2007. Hood is responsible for implementing the rehabilitative programming reforms envisioned in The Public Safety and Offender Rehabilitation Services Act of 2007 (Assembly Bill [AB] 900) signed into law by the Governor on May 3, 2007. The provision of quality rehabilitative programs for adult offenders within California's correctional system is essential to reduce recidivism and increase public safety.

## Happy New Year!

We wish you  
happiness and joy  
throughout the  
coming year.

UCSD CCARTA

